



Bill - Beamish Landscape

September 19th, 2012

**- What are you waiting for?  
Now is the time to capture photos -**

Take advantage of the gorgeous weather we've been having this year by capturing your hard work on camera! Now is the perfect time to shoot pictures of: last year's jobs, projects completed in the spring time, jobs from previous years that have now grown in, or even recent installations for future consideration. You can take a wide range of photos of the project(s). Consider trying different perspectives, morning/evening shots, or right after a nice rainy day.

For this year's contest we are offering BONUS entries into our 5th Annual Photo Contest to those who submit photos to us of installations featuring our Sawn Back Armourstone, Chocolate & Mocha Ledgerrock, Random & Sawn Steps, any of our coloured Ground Covers & Crated Boulders.

We have two options available this year for submitting photos into our contest:

**Option 1:**

E-mail us high resolution photos that you have taken of projects that have been completed with our stone. These projects can include ones that have been recently done or those that were completed year's ago and are now planted.

Submit your images to [anna@uppercanadastone.com](mailto:anna@uppercanadastone.com) and you'll automatically be entered into our 5th Annual Photo Contest.



**- Newsletter Banner Photo -**

This month's banner image (located at the top of this email) comes to us from [Silverstone Interlock](#) located in Ottawa, ON. This photo features our 10"-12" thick Chocolate Armourstone.

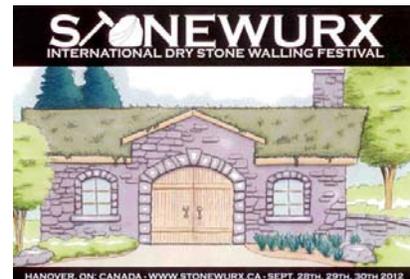
**- What is SNAP? -**

[SNAP](#) is the Sustainable Neighbourhood Retrofit Action Plan that is run by the Toronto Region Conservation.

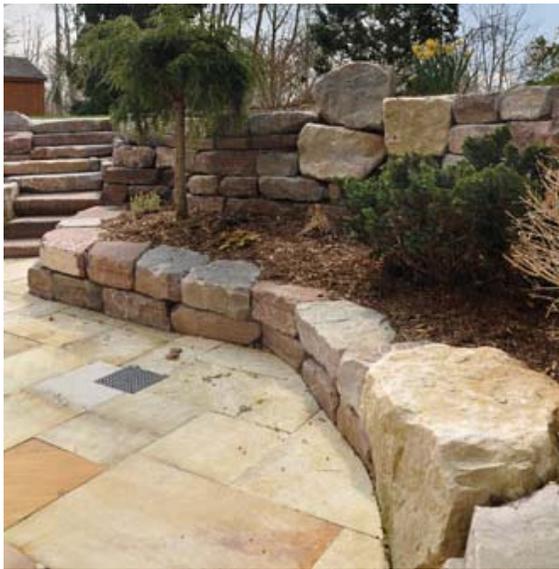
There are three GTA Neighbourhoods that have become the leaders in greener and healthier places to live.

To learn more about this wonderful program please watch this eight minute, very informative [SNAP Video](#).

**- Stonewurx International Dry Stone Walling Festival -**



Only a week and a half away until the [Stonewurx](#) International Dry Stone Walling



The photo above comes to us from Beamish Lanascape Services located in St. Thomas, ON. This photo features our Chocciolate Hanastack.

#### Option 2:

If you don't want to take the photos yourself, please let us know and we will gladly come around to the location and take high resolution photos of the project for you.

We are currently scheduling meeting times to go out to locations and take shots of projects. All photos taken by us will automatically be submitted into our contest. If you are interested in having us come down to your area to take photos please e-mail us the location details and your availability.

The top 3 photos submitted to us will win one of three great CASH prizes.

The prizes include:

3rd Place: \$200 CASH

2nd Place: \$300 CASH

1st Place: \$500 CASH

\*All contest winners will also receive an Upper Canada camo hat, t-shirt and the "[Niagara at War 1812](#)" hard cover coffee table book.

Please mark down the contest deadline on your calendar of October 31st. We are looking forward to receiving your beautiful photos!

Festival will be hosted in Hanover, ON. This event takes place on Friday, September 28th to Sunday, September 30th.

This is a great opportunity to come see many DryStone wallers from across the country build spectacular projects. For more information about this event and to sign-up please visit their website by clicking the image or the link above.

#### - Quote of the day -



"Life is a mirror and will reflect back to the thinker what he thinks into it."

- [Ernest Holmes](#)

For more quotes of the day visit [Brainy Quote](#)

#### - The Latest & Greatest! -

##### - Fun Summer Recipes - Healthy Lunch Time Meal -



This week's recipe comes to us from Anna Buchanan. She thought she would share one of her lunch time meals at the office!

Ingredients include:  
- A large handfull of spinach  
- Half a tomato - diced



- Half a tomato - diced
- Grated cheese
- 1/4 cup of chick peas or lentils (your preference)
- 1/2 cup KRAFT Zesty Italian Dressing

Takes less than 5 minutes to prepare

This is a quick and nutritious recipe for any time of the day.

Please visit our websites at [www.uppercanadastone.com](http://www.uppercanadastone.com) & [www.uppercanadaledgerock.com](http://www.uppercanadaledgerock.com)